

THE SEVEN UNIVERSAL LAWS

GYP/ Module 2

THERE ARE MANY SOURCES....

...of Universal Law teachings. My Guidance was to offer you these.

As a spiritual teacher, I aim for truth as it resonates for you, over dogma. Take what feels right and leave the rest.

GET STARTED RIGHT AWAY

There are seven Universal Laws or Principles by which everything in the Universe is governed. The Universe exists in perfect harmony by virtue of these Laws. Ancient mystical, esoteric and secret teachings dating back over 5,000 years from Ancient Egypt to Ancient Greece and to the Vedic tradition of Ancient India, all have as their common thread these seven Spiritual Laws of the Universe. Once you understand, apply and align yourself with these Universal Laws, you will experience transformation in every area of your life beyond that which you have ever dared to imagine.

The Immutable and the Mutable

Of the seven Universal Laws, the first three are immutable, eternal Laws, meaning they are Absolute and can never be changed or transcended. They have always existed and will always exist. The other four laws are transitory, mutable Laws meaning that they can be transcended or at least "better used" to create your ideal reality. This is not to say that you should ignore these four Laws or attempt to defy them for even if you do they will still govern your existence. Your aim is to master each of the seven Universal Laws and only then learn to transcend the mutable ones.

THE LAWS

1. The Law of Mentalism/Creation/Manifestation

(Immutable):

Correspondence—The crown chakra and the pituitary gland which is the first glad to appear in the human embryo. The first of the seven Universal Laws tells us that "The All is Mind - The Universe is Mental". That everything we see and experience in our physical world has its origin in the invisible, mental realm. It tells us that there is a single Universal Consciousness - [the Universal Mind](#) - from which all things



manifest. All energy and matter at all levels is created by and is subordinate to the Omnipresent Universal Mind. Your mind is

part of the Universal Mind - the same in kind with the only difference being one of degree. Your reality is a manifestation of your mind. This is true [Mind Power](#).

“We attract by default those life experiences appropriate to our unconscious programming. We perceive these experiences as normal (that’s just the way life is) instead of products of our sub-conscious conditioning that can be changed at any time by conscious design”

-Dr Joe Dispenza

The law of manifestation, the law of creation; is a law operating in the universe. One that is so powerful it is incomprehensible to most of, much of humanity. Truth is we are powerful spiritual beings. Co-Creators with God, each one of us has a spark of the divine. We are truly a manifestation of God. Most are unaware they are using the Law of Manifestation every day. Therefore, most of humanity manifests by default (Creating Unconsciously)

How to apply the law of manifestation

You must first know what you want? Most people don't know what they want? What you want is an ever-changing thing indeed...So the adage, be careful what you ask for you just might get it, is very true. It's easy to create, but not necessarily easy to deal with what you've created.

It is important for you to have time alone 15-20 minutes a day in meditation or listening to music that creates a positive joyful high vibrational frequency and mental state of mind. From this space you ask the universe, “What do I want”?

“Science has proven your subconscious mind does not know the difference between simulation and real life. As far as your sub-conscious mind believes it is really happening to you. What if you could reprogram the subconscious mind to who and what you wanted? You can and you will.”

Asking, making a clear request, is one of the most important techniques and one of the simplest in manifestation. Lead with the heart. We can learn to walk through life with a feeling of gratitude for life itself. Gratitude is a powerful aid to manifestation. Having a field of gratitude around us clears a positive path through life in which every step we take is in the right direction. How do you know if you are moving in the right direction? Your feelings and emotions-your inner guidance system will tell you if you are aware of the present moment. If you are not moving in the right direction of your life purpose you will not feel well, you will feel uneasy and stressed, even ill. You will be operating in a low vibrational frequency. It is also important to be aware of your intentions and motives behind your creation. Truth and honesty with self and others creates a positive field around us, which attracts harmonious manifestation. Dishonesty creates a negative force field that interferes with manifestation. Who are you? What do you want?

*” When you pray, pray as though you have already received
it”*

-Jesus Christ

2. The Law of Correspondence/Relativity/Reciprocity (Immutable):

Correspondence—The brow chakra and pineal gland. This gland produces melatonin, regulating our sleep and wake cycles. The second of the seven Universal Laws tells us "As above, so below; as below, so above". This means that there is "harmony, agreement and correspondence" between the physical, mental and spiritual realms. There is no separation since everything in the Universe, including you, originates from the One Source. The same pattern is expressed on all planes of existence from the smallest electron to the largest star and vice versa. All is One. The Ancient Greek Temple of Apollo at Delphi was referring to this great Law of Correspondence in the inscription "Know thyself and thou shalt know all the mysteries of the gods and the Universe".

*“Put your hand on a hot stove for a minute, and it seems like
an hour. Sit with a pretty girl for an hour, and it seems like a
minute. That’s relativity.” -Albert Einstein*

How to apply the Law of Reciprocity

Practice doing good deeds and living in harmony with the Golden Rule, give and you shall receive. As humanity moves through the different stages of evolution and we become spiritually awakened, we move from the Ego to the higher self. We move from selfishness to selflessness. We must understand, to master our mind and master our life. There is no greater purpose or gift you can give humanity than to be a master. Evolve your brain, become consciously aware of every aspect of your life from your thoughts, feelings, beliefs and how you treat others. Be aware of how your choices and actions align with the golden rule.

There is no higher service in life than service to others. When you serve others, you serve yourself. Live by the Golden Rules with morality and you will grow ever upward and outward in love, wisdom and abundance, you will live a fulfilling god realized life.

3. The Law of Vibration (Immutable):

Correspondence—The throat chakra and the thyroid gland, it produces thyroxin to convert oxygen & food into usable energy. The third of the seven Universal Laws tells us that "Nothing rests; everything moves; everything vibrates". The third and last of the immutable Universal Laws, tells us that "the whole universe is but a vibration". Science has confirmed that everything in the Universe, including you, is pure energy vibrating at different frequencies.

The axiom that "like energy attracts like energy", upon which the [Law of Attraction](#) is based, has its foundation in this Law. Everything that we experience with our five physical senses is conveyed through vibrations. The same applies to the mental realm. Your thoughts are vibrations. All your emotions are vibrations where "unconditional love" (in the sense of love for another) is the highest and most subtle of the emotional vibrations and "hate" is the densest and most base. You can learn to control your mental vibrations at will. This is true [thought power](#).

How to Apply the Law of Vibration

When one realizes that one is the universe, complete and one with all that is; forever without end then no further suffering is possible. All ancient masters essentially taught one thing, choose the high frequency transmitters associated with Truth, Love, Compassion. They are the frequencies that connect you to a higher level of consciousness. These are the frequencies where you will experience Internal peace and Joy in your life.

4. The Law of Polarity (Mutable): Correspondence—The heart chakra and the higher heart chakra/the thymus gland. The thymus produces t cells for immunity.

The fourth of the seven Universal Laws tells us that "Everything is dual, everything has poles; everything has its pair of opposites; opposites are identical in nature, but different in degree". It is also the first of the mutable or transcendable Universal Laws. It means that there are two sides to everything. Things that appear as opposites are in fact only two extremes of the same thing. For instance, heat and cold may appear to be opposites at first glance, but in truth they are simply varying degrees of the same thing. The same applies to love and hate, peace and war, positive and negative, good and evil, yes and no, light and darkness, energy and matter. You can transform your thoughts from hate to love, from fear to courage by consciously raising your vibrations. This is what in the ancient Hermetic Teachings is called the Art of Polarization.

Rising Above the Law of Polarity

This Principle of Duality may appear to be very real in your life but it operates only in the physical and mental realms, not in the spiritual realm where All is One. As it says in the Bhagavad-Gita, "God is Above the Opposites". By always placing the all-powerful, all-knowing Great Spirit of which you are a part behind your every thought, statement and action, and by always focusing on the "good", even when things appear to be going "bad", then in time you will rise above the Law of Polarity.

How to apply the Law of Polarity

Work on controlling your emotional responses. Always stay centered and balanced in life. For we know the higher you go up the further you go down. For example, with alcohol and drug use, the higher the high, the lower the low. You will experience both spectrums of the same thing. Be aware as the conscious observer, that you can transform your thoughts from hate to love, from fear to courage, by consciously raising your vibrations. It is your conscious awareness in the present moment that determines the full spectrum of your experience.

5. The Law of Rhythm (Mutable): Correspondence—The naval chakra and the adrenal glands. They produce cortisol that regulates/correlates to digestion and stress.

The fifth of the seven Universal Laws tells us that "Everything flows, out and in; everything has its tides; all things rise and fall; the pendulum-swing manifests in everything; the measure of the swing to the right is the measure of the swing to the left; rhythm compensates." It is the second of the mutable or transcendable Universal Laws and means that the pendulum swings in everything. This principle can be

seen in operation in the waves of the ocean, in the rise and fall of the greatest empires, in business cycles, in the swaying of your thoughts from being positive to negative and in your personal successes and failures. In accordance with this Law, when anything reaches a point of culmination then the backward swing begins almost unnoticeably until such time that any forward movement has been totally reversed, then the forward movement begins again and the process is repeated.

Rising Above the Law of Rhythm:

To transcend the swing of the pendulum, you must become aware of the subtle start of the backward movement in any of your endeavors whether it be to improve your health, your finances, your relationships or any goal you may set in motion. When you feel the Law start to draw you back do not become fearful or discouraged. Instead, knowing that you are one with the Omnipotent [Universal Mind](#) for which nothing is impossible, keep your thoughts focused on your outcome and fight to remain positive no matter how far back this transitory Law pulls you. Even if your efforts meet with failure, find comfort that by the virtue of this very same Law, the upward motion must start again. In time, your perseverance will be rewarded as the backward movements become less negative relative to your previous backward swings and you raise yourself higher.

How to apply the Law of Periodicity/Rhythm

There is a time and a place for everything, there is a time for being ahead there is a time for being behind, a time for being in motion a time for being at rest, a time for being vigorous a time for being exhausted. This is the natural flow of the cycles. There are many ways to gain knowledge of the cosmic cycles. Have a cosmic birth chart completed by a legitimate astrologer. You will know they are legitimate when they read your past and present life like a book. Once you have gained knowledge and start to experience the truth contained in the cosmic cycles of time, you can start to influence and change the Quantum field with awareness and conscious observation. You become aware of the laws of creation, aware that you are the creator of your experience and you choose your destiny.

“Time is the substance I am made of. Time is a river which sweeps me along, but I am the river; it is a tiger that devours me, but I am the tiger; it is the fire that consumes me, but I am the fire.”

-Jorge Luis Borges

6. The Law of Cause and Effect (Mutable): Correspondence—The spleen chakra and the lyden or spleen produces macrophages to cleanse the blood and is vital to the immune system.

The sixth of the seven Universal Laws tells us that "Every cause has its effect; every effect has its cause." In accordance with this Law, every effect you see in your outside or physical world has a very specific cause which has its origin in your inner or mental world. This is the essence of [thought power](#). Every one of your thoughts, words or actions sets a specific effect in motion which will come to materialize over time. To become the master of your destiny, you must master your mind for everything in your reality is a mental creation. Know that there is nothing like chance or luck. They are simply terms used by humanity in ignorance of this Law.

Your Intentions are Instantly Created

The Law of Cause and Effect applies on all three planes of existence - the spiritual, the mental and the physical. The difference is that on the spiritual plane cause and effect are instantaneous such that they appear inseparable, whereas on the other planes our concept of time and space creates a time lag between the cause and the eventual effect. Know that when you focus on your chosen goals with intention using [creative visualization](#), that which you want to create in the physical world is automatically manifested in the spiritual world, and with perseverance, practice and continued concentrated thought, it will also come to materialize in the physical world.

How to apply the law of cause and effect

Neuroscience has determined the frontal lobe of the brain is the creative center of who we are, the brains CEO or decision-making apparatus. If you want to master your life and consciously choose your destiny, you must first become self-aware. You have Metacognitive capabilities-the power to observe your own thought and self. We choose how we no longer want to be, act, think and feel. Our ability to self-reflect allows us to study our-self and modify our beliefs and behaviors so we can produce and choose our desired outcome. Your attention is where you put your energy your intention is your desired purpose for performing an act and end goal. Focus your attention on what you want, not on what you don't want. Hold clear intentions of what you want but leave the how details to the quantum field of creation, (it's not your Job). When you have gratitude you transmit a signal to the quantum field that the event has already occurred. Examine the morality of your intentions and you will empower your life. This is where you begin to "know-thyself." Reflect on your beliefs, what and who you are, are based on your beliefs. Your beliefs are the thoughts you are consciously or unconsciously accepting as the laws that govern your life. Whether you are aware of them or not they affect your reality. Observe your personality, your emotions,

your unconscious thoughts and behaviors. Document them in a journal, the more you observe the unconscious mind the more you awaken into conscious awareness. When you are no longer under the control of the unconscious mind you become its master. You now perceive reality differently; you become aware that you are causing an effect. This is the first step to becoming a master of your life and choosing your destiny.

“Watch your thoughts; they become words. Watch your words; they become actions. Watch your actions; they become habit. Watch your habits; they become character. Watch your character, it becomes your destiny.”

-Master LaoTzu

7. The Law of Gender: Correspondence—The root chakra and the sacral or reproductive glands of male and female in all species.

The last of the seven Universal Laws tells us that "Gender is in everything; everything has its masculine and feminine principles". This mutable Universal Law is evident throughout creation in the so-called opposite sexes found not only in human beings but also in plants, minerals, electrons and magnetic poles to name but a few. Everything and everyone contains both masculine and feminine elements. Among the outward expressions of feminine qualities are love, patience, intuition and gentleness and of masculine qualities are energy, self-reliance, logic and intellect. Know that within every woman lie all of the latent qualities of a man, and within every man those of a woman. When you know this you will know what it means to be complete.

The Law of Attraction as Part of the Equation

You will notice that the [Law of Attraction](#) is not specifically mentioned as one of the seven Universal Laws. This is not to diminish its importance but rather to highlight it because the Law of Attraction is the basic Law of the Universe which runs through all the seven Universal Laws discussed here. It holds everything together. It is through the knowledge of the Law of Attraction that one can rise above the mutable Laws of Polarity and Rhythm and gain a better understanding of each of the seven Universal Laws.

Credit to The Science of Being and The Kybalion

This compilation of articles into one, draws largely on two sources of incomparable wisdom on the seven Universal Laws. First, on the Baron Eugene Fersen's 1923 masterpiece, [The Science of Being](#), which is one of most comprehensive books ever written on the innate power of humanity, the subject of metaphysics and self-mastery; and second, on the 1908 seminal work on the Universal Principles, namely [The Kybalion](#), which is a study of The Hermetic Philosophy of Ancient Egypt and Greece, itself based on the mystical teachings of Hermes Trismegistus and written by the so-called Three Initiates.

"The Principles of the Truth are Seven; he who knows these, understandingly, possesses the Magic Key before whose touch all the Doors of the Temple fly open"

-The Kybalion

There are seven major Universal Laws by which the entire Universe is governed - three are immutable, eternal Laws and four are transitory, mutable Laws. As stated in the Kybalion "the Universe exists by virtue of these Laws, which form its framework and which hold it together." Knowing these Universal Laws and the basics of Law of Attraction, and learning how to transcend the mutable Laws, is fundamental to changing the circumstances of your life so that you can consciously create your intended reality and achieve true mastery.