



New Moon Wishes

The new moon is a powerful time to launch wishes, intentions, goals, projects, plant seeds, etc. Her power is best harnessed within the first 48 hours of her being exact. Here is a link if you'd like a resource for checking in on the timing and phases of the moon:

<https://www.timeanddate.com/moon/phases/>

The first universal law, the law of mentalism, reminds us that all is created in thought first. Mind your thoughts of your new moon wishes so as not to launch them prior to her exact time.

When you are ready to craft your new moon wishes, set sacred space of your chosen method (diffuse essential oils, light a candle, meditate, call in guides, etc.). I like to approach my new moon wishes with rich and heavy paper and writing instruments that I enjoy. Sometimes that is a fountain pen and often it is with colored pencils.

Write out no more than ten wishes. The fewer wishes, the more energy the new moon will pour on them! This is a function of your energy, being less divided across many and more focused on the few.

Write them in the present tense and positively. For example,

I feel open-hearted and joyous each and every day!

As opposed to – I wish my heart would feel open, or I'm not closing my heart this month.

The Universe honors clarity and succinctness in your desires and wishes!

When we move our wishes from thought to paper, that is one transmutation. When we declare them under the moon, we give them a voice and transmute them further. When we burn them, we transmute them yet again.

Enjoy having offered up in sacred fashion, your wishes and intentions. Allow Goddess and the Moon to work their magic and trust that your wishes are in their hands.

If you'd like extensive information on New Moon Astrology I recommend this book:

https://www.amazon.com/New-Moon-Astrology-Secret-Astrological/dp/0553380869/ref=sr_1_1?crid=35NCE0LKWRZ40&dchild=1&keywords=new+moon+wishes&qid=1600472993&srefix=new+moon+wishes%2Caps%2C148&sr=8-1