



What can I learn here? How might I grow?

CPP Initial Benchmarks/Goals for your Development

Here is a list of skills to be developed as a CPP student. These skills are worked on by you, within your process. These are metrics for you to work within your process with and to track. Furthermore, these are prerequisites to move to higher level skills:

- Ability to discern Yes vs No answers through your psychic skills
- Evidential Mediumship skills development
- Understanding of the basic differences between Dimensions 3, 4, 5 & 6
- Delivering at least one if not multiple messages to each person during development circles, consistently.
- Basic understanding of the seven, main chakras to include their role, their colors, their mantra, the physical body parts that they correlate to.
- Developed capacity to reduce your ego's presence during psychic work and group work; said another way - understanding of your 'filter' and moving it aside while reading another.
- Working relationship with at least one spirit guide, if not many.
- Understanding the psychic pathways that you receive along and how they are developing & evolving, as well as how to weave them for your process
- A working knowledge and regular practice of Energy Hygiene for self, your space and its use in all areas of your life
- Working knowledge of progressing a message when applicable
- Basic understanding of frequency and Dr. Hawkins' Consciousness Scale/Ladder
- Basic introductions to Current Neuroscience and Quantum Mechanics concepts

- Understanding of Metaphor and Myth as it enters into your psychic processes
- Basic working knowledge of Remote Viewing
- Basic working knowledge of Past Lives
- Basic working knowledge of time/timing/timelines
- Understanding of Ethics and Boundaries as associated with Psychic Practices

CPP Next-Level Benchmarks:

Whether you enter at this 'Next Level' or grow quickly towards it - these are the natural, next level skills available to you. Of course after you have mastered so many from the list above, they lend themselves into these, next capacities listed below:

- Message progression to include multiple layers and possibly multiple dimensions to messages, along with percentage likelihood of messages transpiring
- Developed capacity to explore alternate scenarios to the message subject matter
- Basic understanding and capacity to access Akashic Records
- Progressed working knowledge of past lives
- Understanding of metaphysical healing concepts and subtle energy anatomy
- Progressed working knowledge of remote viewing
- Deepening your understanding of current Neuroscience as it relates to this work as well as deepening of your understanding of Quantum Mechanics
- Capacity to assess & read auras
- Capacity to utilize and practice Automatic Writing
- Capacity to explore past lives for others and self
- Capacity to journey, shamanically for self
- Capacity to Third Party Channel 5D (and above) guides to include Galactics
- Capacity to First Party or Trance Channel 5D (and above) guides
- Working knowledge of how to guide and apply energy on different dimensions & to varying situations
- Working towards the capacity to read a group of people, a platform reading where you are offering readings to the audience or in an audience format